

Field Hockey Nova Scotia

Scoop!

April 2018 Edition

Season in Review



What's going on!

Welcome back to your Field Hockey Nova Scotia update! Here we'll have a look at the 2018 Indoor Season, changes for the membership, and the upcoming outdoor league.

Yearly Calendar

Take a peek at the calendar below to get an idea of what's been underway this year!

Member:	January	February	March	April	May	June	July	August	September	October	November	December
Janet	Run indoor Skills Session			-Run outdoor Skills Session		Coach U18			Run outdoor Skills Session		Run Outdoor Skills Session	
				-Coach U18								
Sharon	Adult Indoor League					Summer Camps			Organize AUS League			Indoor League
	High School Indoor league					Outdoor Team						
Hillary/Brittany	Plan Junior High Indoor		Run Junior High Indoor		Milk Fair	Junior Development					Milk Fair	
				Summer Women's League								
Marcia	Request Turf			Update league Rules	Outdoor Season							
				Preseason Meeting				End of season Social				
Pat	Website											
	Paper Work											
	PSO Project Deadline			PSO Project Deadline				PSO Project Deadline	Send Membership to FHC		PSO Project Deadline	
	Membership Registration						Block Funding Outcomes Due					
Lori Anne						Atlantic Cup						
Shane	High Performance Indoor				Organize Jr. High indoor Tournament					High Performance Indoor		
		Organize for CIC Tournament										

Indoor – Mixed League

The regular season has come to an end for Mixed Indoor, with the Beavers placing first in the regular season. In second came the Sharks, just beating out the Privateers in their last regular game on Sunday April 8th. Stay tuned for Sunday April 15th, during which Indoor play-offs will commence for Mixed and Women's leagues.

Mixed Indoor League Standings:

1. Beavers
2. Sharks
3. Privateers
4. Buccaneers
5. Dragons

Indoor – Women's League

The Indoor season has also come to an end for the Women's league, with Dal placing first in regular standings, follow by SMU with the Blues in third. The Women's league kicks off the first play-off game on Sunday April 15th, with SMU playing the Blues in the Semi-Final.

Women's League Standings:

1. DAL
2. SMU
3. Blues

Indoor Play-off Schedule : Mixed & Women's

Below you can find the schedule for the indoor play-offs. Be sure to take note of the social following the games at the Lionshead Tavern!

April 15th Final Week

9:00 am SMU vs Blues - Women's Semi-Final

10:00 am Beavers vs Dragons

11:00 am Privateers vs Sharks

12:00 pm Dalhousie vs Semi-Final Winner (SMU vs Sharks) Women's Final

1:00 pm Mixed Final - Winner 1 (Beavers vs Dragons) vs Winner 2 (Privateers vs Sharks)

Lionshead Tavern Social - 2:00 pm following the Games.

Come out to celebrate the end of the indoor season with your fellow league members! Food & drink will be provided, and there are prizes to be handed out, so be sure to stop by.

Development

Below you can find the flyer for the Skills Clinic, which is taking place on Saturday April 15th. For only 20\$, it is an ideal event and can bring great support and attention to field hockey within high schools. Supporting development and growth at this level helps to provide infrastructure to the league as a whole.







Skills Clinic & Identification Camp

You are invited to participate in an Indoor Field Hockey Skills Camp led by National Field Hockey Athletes.

- Shane Rajaraman is the only field hockey player from the Atlantic provinces representing Canada at the Indoor National Level.
- Competed in various high level international tournaments in the United States, South America, and Europe.
- National caps against Guyana, Argentina, USA, Switzerland, Sweden, Denmark, and Russia.
- Born and raised in Halifax, Nova Scotia Shane hopes to bring his international experience from the top level of Canadian indoor hockey back to the Atlantic provinces help to develop more athletes from the area.



Open to all high school field hockey players

When: Saturday, April 14th 2018

Where: Citadel High School Community Gym
1855 Trollope Street, Halifax

Time: 1-4pm

Participation Fee: \$20

fieldhockeyns@gmail.com

University Updates

The Atlantic University Field Hockey Championships 2017 were held in Halifax this past October at SMU on October 21st and DAL on October 22nd, 2017.

Dalhousie University defeated University of Prince Edward Island in the final with a goal by Maureen Parker late in the 2nd half. The Shut Out for Dalhousie went to Megan Suitor.

Below you can find the University regular standings, as well as the results of the play-offs games.

2017 Atlantic University Field Hockey Championships Hosts: Oct 21st @ SMU and Oct 22nd @ DAL

- Final Teams Rank:**
1. DAL=Dalhousie University
 2. UPEI=University of Prince Edward Island
 3. UNB= University of New Brunswick
 4. SMU=St. Mary's University
 5. STFX = Saint Francis Xavier University
 6. ACA=Acadia University
 7. MTA= Mount Allison University

Saturday, Oct 21, 2017 @ SMU

11:00 am 6/7	ACA 1 vs 0 MTA	(6 th Play-off spot)
12:10 am Pool A	DAL 1 vs 0 SMU	(1 vs 3)
1:20 pm Pool B	UPEI 3 vs 0 UNB	(2 vs 4)
2:30 pm Pool A	SMU 0 vs 0 ACA	(3 vs 6)
3:40 pm Pool B	UNB 2 vs 2 STFX	(4 vs 5)
4:50 pm Pool A	ACA 0 vs 8 DAL	(6 vs 1)
6:00 pm Pool B	STFX 0 vs 6 UPEI	(5 vs 2)

Sunday, Oct 22, 2017 @ DAL

8:00 am	ACA 0 vs 0 STFX	(Consolation 1)
9:00 am	DAL 3 vs 0 UNB	(Semi Final)
10:15 am	UPEI 1 vs 1 SMU	(Semi Final – UPEI Win in a Shoot Out)
11:30 am	ACA 2 vs 0 MTA	(Consolation 2)
12:30 pm	UNB 1 vs 0 SMU	(Bronze Match)
1:30 pm	STFX 0 vs 0 MTA	(Consolation 3)
2:30 pm	DAL 1 vs 0 UPEI	Championship Final

Congratulations to the University league all-stars, who can be found below along with their corresponding team.

League All-Stars (Alphabetical Order)

Amy Bobyn	STFX
Hailee Cook	UNB
Kerry Costello	DAL
Danielle Dempsey	DAL
Patricia Gemmell	SMU
Hannah Gormley	UPEI
Sarah Handel	SMU
Sarah Sear	UPEI
Erin Spooner	DAL
Samantha Spooner	DAL
Michaela Yateman	UNB

In addition, congratulations to all of our award winners for the University league. Well done!

Major Awards

<u>Rookie of the Year</u>	Erin Spooner	DAL
<u>Goalie of the Year</u>	Courtney Sheffield	ACA
<u>Outstanding Contributor Award</u>	Amy Bobyn	STFX
<u>League MVP</u>	Samantha Spooner	DAL
<u>Coach of the Year</u>	Shona Bowes	UNB
<u>Umpire of the Year</u>	Richard Baker	Atlantic

Milk Fair

Milk Sport Fair Report

October 2017

Field Hockey Nova Scotia participated in the Milk Sport Fair put on by Sport Nova Scotia at the BMO soccer center. It was a three-day event, from Wednesday October 11 to Friday October 13, 2017. The event ran from 9am to 3pm the first two days, and from 9am to 1pm the final day. Preparation for the event included creating and printing a brief document to promote outreach programs in schools and a description of field hockey programs in Nova Scotia, along with some versions of The Scoop newsletter.

Students came through mostly in the mornings and eagerly tried our sport. We worked on how to hold a field hockey stick, as many kids hold their stick on the left, as well as how to dribble a ball only using the flat side of your stick. If time allowed, we would then do passing, and move on to a shooting drill before starting with the next group. Each group consisted of varying sizes, from 10-25 kids. We talked with some teachers and chaperones about getting field hockey into their schools and gave out our

contact information. Total number of students who participated in the Sport Milk Fair approximately 1800.



News & Updates - Membership Fees & Online Registration!

Some changes are coming to FHNS registration this year! We are rolling out a new website to coordinate with the start of the outdoor league, as well as an Online Registration Form! We hope this will encourage faster and more efficient registration and help to support the registration of members before the start of the regular season. This ties in with our 'Pay-to-Play' policy, and our intent to have all members paid and registered online with the start of the season.

We are still working to finalize some of the details, but these changes should be ready by the end of April or early May.

In line with this, Field Hockey Canada has increased their membership rates, which necessitates an increase in our membership fees. Below you

can find the table which highlights the new fee schedule based on the changes instituted by FHC.

Membership Fee Structure

Category	FHNS Fee	FHC Fee	Total Fee
Senior Player	\$11	\$39	\$50
Junior Player	\$19	\$21	\$40
Coach and Umpire	\$14	\$36	\$50
Associate Group	\$40	\$0	\$40

These fees are in effect beginning September 1, 2017. The Field Hockey Nova Scotia membership runs from September 1 to August 31 each year. This membership is only paid one time per year, no matter how many programs, leagues or activities you participate in. To become a Field Hockey Nova Scotia member please follow the appropriate link to the left.

[If you have any questions regarding the membership please contact Field Hockey Nova Scotia](#)

Lastly, the FHNS AGM will be held on May 27th at Darryl's, and we are looking to fill a few positions on the executive. Namely:

1. [**Director of Men's Programs**](#)
2. [**Director of Women's Programs**](#)
3. [**Director of Marketing**](#)
4. [**Director of Umpiring**](#)

If you believe you would be interested in joining the board, please feel free to contact us via the Field Hockey Nova Scotia website:

www.fieldhockeyns.ca

Keep an eye out for our next edition of the Scoop! to be released coinciding with the end of the Outdoor season and Atlantic Cup.

Contact Field Hockey Nova Scotia!

To find out more about the Spring/Summer outdoor season please contact Marcia Peters (marcia.peters@dal.ca).

To find out more about the Atlantic Cup please contact Lori Ann Andrews (landrews@veranova.ca).

To find out more about the women's summer field hockey league please contact Brittany or Hillary (fieldhockeyns@gmail.com)

For Scoop! content submissions, please contact Alex MacAdam (communicationsfhns@gmail.com)