

Field Hockey Nova Scotia

Scoop!

August 2018 Edition

Season in Review



What's going on!

Welcome back to your Field Hockey Nova Scotia update! Here we'll have a look at the 2018 Indoor & Outdoor Season, Junior High and High School finals, changes for the membership and new board members, and some special events which have gone on throughout the summer.

Yearly Calendar

Take a peek at the calendar below to get an idea of what's been underway this year!

Member	January	February	March	April	May	June	July	August	September	October	November	December
James	Run Indoor Skills Session			Run outdoor Skills Session	Coach U18				Run outdoor Skills Session			Run Outdoor Skills Session
Sharon	Adult Indoor League			Coach U18		Summer Camps			Organize AUS League			Inoor League
	High School Indoor League					Outdoor Team						
Hillary/Britany	Plan Junior High Indoor		Run Junior High Indoor		Milk Fair	Junior Development				Milk Fair		
			Summer Women's League									
Marcie	Request Turf			Update league Rules	Outdoor Season							
				Preseason Meeting			End of season Social					
Pat	Website											
	Paper Work											
	PSO Project Deadline			PSO Project Deadline	Membership Registration		PSO Project Deadline Block Funding Outcomes Due	Send Membership to PNC			PSO Project Deadline	
Lon Anne					Atlantic Cup							
Shane	High Performance Indoor				Organize Jr. High Indoor Tournament					High Performance Indoor		
		Organize for CIC Tournament										

Indoor – Mixed League

The regular season has come to an end for Mixed Indoor, with the Beavers placing first in the regular season. In second came the Sharks, just beating out the Privateers in their last regular game on Sunday April 8th. Play-offs took place on Sunday April 15th, with the Beavers coming in as league champions over the Privateers, with a final score of 10-9. Congrats!

Indoor Mixed League Top Scorer went to **Gassan Hamam** of the Beavers!

Mixed Indoor League Standings:

1. **Beavers**
2. **Sharks**
3. **Privateers**
4. **Buccaneers**
5. **Dragons**

Indoor – Women’s League

The Indoor season has also come to an end for the Women’s league, with Dal placing first in regular standings, follow by SMU with the Blues in third. The Women’s league kicked off the first play-off game on Sunday April 15th. Dal took the title of League Champions, winning over SMU 8-6 in the final game.

Indoor Women’s League Top Scorer went to **Patricia Gemmell** of SMU!

Women’s Indoor League Standings:

1. **DAL**
2. **SMU**
3. **Blues**

Outdoor League : Mixed & Women’s

Below you can find the summary of the 2018 Outdoor league for both our Mixed and Women’s leagues, which wrapped up on the weekend of July 29, 2018.

Outdoor – Mixed League

The season has come to an end for Mixed Outdoor, with the Privateers placing first in the regular season. The Panthers followed closely behind in second, and play-offs commenced July 22, 2018, wrapping up on July 29, 2018. The play-offs saw the Privateers take first, after a close game led to an overtime goal against the Panthers.

Outdoor Mixed League Top Scorer went to **Gassan Hamam** of the Beavers!

Outstanding Goalkeeper as voted by all team captains went to **Angela Colville** of the Dragons!

Mixed Outdoor League Standings:

1. Privateers
2. Panthers
3. Beavers
4. Dragons

Outdoor – Women’s League

The Outdoor Women’s program was a huge success this summer, with the league seeing some of its highest participation numbers yet for the program. A wide diversity in age and skill was presented within the group, and with the stronger numbers this year **four** full teams were able to be formed and developed over the summer.

This season saw some excellent long term development and growth of both fundamental and higher level skills. This is looking highly positive for further development within this program, and we hope to see numbers continue to rise as the program grows in strength and number.

University Updates

The Atlantic University Field Hockey Championships 2017 were held in Halifax this past October at SMU on October 21st and DAL on October 22nd, 2017.

Dalhousie University defeated University of Prince Edward Island in the final with a goal by Maureen Parker late in the 2nd half. The Shut Out for Dalhousie went to Megan Suitor.

Below you can find the University regular standings, as well as the results of the play-offs games.

2017 Atlantic University Field Hockey Championships

Hosts: Oct 21st @ SMU and Oct 22nd @ DAL

- Final Teams Rank:**
1. DAL=Dalhousie University
 2. UPEI=University of Prince Edward Island
 3. UNB= University of New Brunswick
 4. SMU=St. Mary's University
 5. STFX = Saint Francis Xavier University
 6. ACA=Acadia University
 7. MTA= Mount Allison University

Saturday, Oct 21, 2017 @ SMU

11:00 am	6/7	ACA 1 vs 0 MTA	(6 th Play-off spot)
12:10 am	Pool A	DAL 1 vs 0 SMU	(1 vs 3)
1:20 pm	Pool B	UPEI 3 vs 0 UNB	(2 vs 4)
2:30 pm	Pool A	SMU 0 vs 0 ACA	(3 vs 6)
3:40 pm	Pool B	UNB 2 vs 2 STFX	(4 vs 5)
4:50 pm	Pool A	ACA 0 vs 8 DAL	(6 vs 1)
6:00 pm	Pool B	STFX 0 vs 6 UPEI	(5 vs 2)

Sunday, Oct 22, 2017 @ DAL

8:00 am	ACA 0 vs 0 STFX	(Consolation 1)
9:00 am	DAL 3 vs 0 UNB	(Semi Final)
10:15 am	UPEI 1 vs 1 SMU	(Semi Final – UPEI Win in a Shoot Out)
11:30 am	ACA 2 vs 0 MTA	(Consolation 2)
12:30 pm	UNB 1 vs 0 SMU	(Bronze Match)
1:30 pm	STFX 0 vs 0 MTA	(Consolation 3)

2:30 pm DAL 1 vs 0 UPEI **Championship Final**

Congratulations to the University league all stars, who can be found below along with their corresponding team.

League All-Stars (Alphabetical Order)

Amy Bobyn	STFX
Hailee Cook	UNB
Kerry Costello	DAL
Danielle Dempsey	DAL
Patricia Gemmell	SMU
Hannah Gormley	UPEI
Sarah Handel	SMU
Sarah Sear	UPEI
Erin Spooner	DAL
Samantha Spooner	DAL
Michaela Yateman	UNB

In addition, congratulations to all of our award winners for the University league. Well done!

Major Awards

<u>Rookie of the Year</u>	Erin Spooner	DAL
<u>Goalie of the Year</u>	Courtney Sheffield	ACA
<u>Outstanding Contributor Award</u>	Amy Bobyn	STFX
<u>League MVP</u>	Samantha Spooner	DAL

Coach of the Year

Shona Bowes

UNB

Umpire of the Year

Richard Baker

Atlantic

Junior High & High School

Below you can find the summary of the 2018 Junior High and High School Leagues for 2018.

High School



Metro High School Indoor Field Hockey Championships 2018

Halifax West defeated Citadel High School 5-4 in double over-time to take home this year's Metro Championship Banner for High School Indoor Girls Field Hockey. Hanna Dorey scored the winning goal for Halifax West. Citadel reached the final with a 6-2 win over Cole Harbour in the semi final

round while Halifax West defeated Prince Andrew 8-4 in the other semi final.



Metro Final:

Halifax West 5-4 Citadel

Halifax West Goals: Heather Chigora, Erin Freeman, Haley Kardas, Becca Yeomans, Hanna Dorey

Citadel Goals: Catherine Brennan, Kylee Mansfield, Jen McGuire, Emma Rafuse

All-Star Game:

Team Maroon 4-2 Team Blue

Team Maroon Goals: McKenna Purcell 2, Hanna Dorey, Erin Freeman

Team Blue Goals: Haley Whitman, Michaela Hammond

Major Award Winners:

League Co- MVP's: Erin Freeman & Emma Rafuse (*Pictured below*)

League Rookie: Hanna Dorey
Nancy Tokaryk Scholarship Winner: Emma Rafuse



League All-stars:

Team Blue

Lauren MacDonald – Armbrae
Haley Whitman – Armbrae
Michaela Hammond – Citadel
Drew Himmelman – Citadel
Emma Rafuse – Citadel
Julia Dorey – Cole Harbour
Lauren Dunn – Cole Harbour

Victoria Philips – Cole Harbour
Brianna Dupres – JL Ilsley
Olivia Falconer – JL Ilsley
Arielle Mountain – JL Ilsley
Emily Repchull – Sackville
Alison Withrow – Sackville

Team Maroon

Amelia LeBlanc – Auburn
Nicole Wright – Auburn
Julia Dunbar – Dartmouth
Hannah Whebby – Dartmouth
Hanna Dorey – Halifax West
Erin Freeman – Halifax West
Molly Mitchell – Halifax West
Chloe Arnold – Prince Andrew
Samantha Boutilier – Prince Andrew
Nele Weidermann – Prince Andrew]
Emma Valardo – Sacred Heart
McKenna Purcell – Sir John A
Kellyn Morrison – Sir John A

Junior High School



Junior High School Field Hockey May 26th, 2018

Armbræ 7 vs 1 Sacred Heart (Girls)

Armbræ Goals: Sophie Pomeroy 4, Kieric AnJager, Zoe McGrath, Ecum Haywood, Frida Kaeubler-Delon

Sacred Heart Goal: Allyson Lightfoot

Oxford 8 vs 1 Sacred Heart (Girls)

Oxford Goals: Samantha Taylor 4, Charlotte Baines 2, Katie Zink, Brigid Gallagher

Sacred Heart Goal: Allyson Lightfoot

Oxford 3 vs 2 Armbræ (Girls)

Oxford Goals: Samantha Taylor, Charlotte Baines, Bridget DeAdder

Armbræ Goals: Sophie Pomeroy

Round Robin Tournament. Oxford won the Girls JRHS Field Hockey Banner 2018 *(Pictured below)*



Events & Ongoings

[Nancy Tokaryk Scholarship Golf Tournament](#)



The Nancy Tokaryk Memorial Golf Tournament took place on June 22, 2018. This event is an annual event which raises funds for the High School Scholarship program for Field Hockey players to attend University and play at high levels of sport.

Co-winners of the Big Stick shoot-out were Mike Andrews and Peter Andrews. Thanks to everyone who attended and participated! (***Pictured above***)

The Scholarship went to **Emma Rafuse**. Congrats! (***Pictured below***)



Milk Fair

Milk Sport Fair Report

October, 2017

Field Hockey Nova Scotia participated in the Milk Sport Fair put on by Sport Nova Scotia at the BMO soccer center. It was a three day event, from Wednesday October 11 to Friday October 13, 2017. The event ran from 9am to 3pm the first two days, and from 9am to 1pm the final day. Preparation for the event included creating and printing a brief document to promote outreach programs in schools and a description of field hockey programs in Nova Scotia, along with some versions of The Scoop newsletter.

Students came through mostly in the mornings and eagerly tried our sport. We worked on how to hold a field hockey stick, as many kids hold their stick on the left, as well as how to dribble a ball only using the flat side of your stick. If time

allowed, we would then do passing, and move on to a shooting drill before starting with the next group. Each group consisted of varying sizes, from 10-25 kids. We talked with some teachers and chaperones about getting field hockey into their schools and gave out our contact information. Total number of students who participated in the Sport Milk Fair approximately 1800.



News & Updates - Membership Fees & Online Registration!

Some changes are coming to FHNS registration this year! We are rolling out a new website to coordinate with the start of the outdoor league, as well as an **Online Registration Form!** We hope this will encourage faster and more efficient registration, and help to support the registration of members before the start of the regular season. This ties in with our 'Pay-to-Play' policy, and our intent to have all members paid and registered online with the start of the season.

In line with this, Field Hockey Canada has increased their membership rates, which necessitates an increase in our membership fees. Below you can find the table which highlights the new fee schedule based on the changes instituted by FHC.

Membership Fee Structure

Category	FHNS Fee	FHC Fee	Total Fee
Senior Player	\$11	\$39	\$50
Junior Player	\$19	\$21	\$40
Coach and Umpire	\$14	\$36	\$50
Associate Group	\$40	\$0	\$40

These fees are in effect beginning September 1, 2017. The Field Hockey Nova Scotia membership runs from September 1 to August 31 each year.

This membership is only paid one time per year, no matter how many programs, leagues or activities you participate in. To become a Field Hockey Nova Scotia member please follow the appropriate link to the left.

[If you have any questions regarding the membership please contact Field Hockey Nova Scotia](#)

Lastly, the FHNS AGM was held on May 27th at Darryl's, and we filled several positions on the executive. Please welcome your new board members, listed next to their titles below!

- 1. Gassan Hamam - Director of Men's Programs**
- 2. Mario DeMello - Director of Umpiring**
- 3. Alain Charpentier - Director of Administration**

If you believe you would be interested in joining the board, please feel free to contact us via the Field Hockey Nova Scotia website (www.fieldhockeyns.ca). We can always use more help and support, and nobody is better than those who are directly involved with the sport.

Keep an eye out for our next edition of the Scoop! to be released coinciding with the Indoor Season in January.

Contact Field Hockey Nova Scotia!

To find out more about the Spring/Summer outdoor season please contact Marcia Peters (marcia.peters@dal.ca).

To find out more about the Atlantic Cup please contact Lori Ann Andrews (landrews@veranova.ca).

To find out more about the women's summer field hockey league please contact Brittany or Hillary (fieldhockeyns@gmail.com)

For Scoop! content submissions, please contact Alex MacAdam (communicationsfhns@gmail.com)

