

2019 FIH Outdoor Rule Changes

Unless indicated in **red text**, we will be using the new rules.

Rule 5 – Match & result

5.1 A match consists of four quarters of 15 minutes, an interval of 2 minutes between quarter 1 and 2 and between quarter 3 and 4 and a half- time interval of 5 minutes between quarter 2 and 3.

We will NOT be implementing this rule in our league. We use 2 x 25 minute halves with a 2-minute half time.

Rule 10 – Goalkeepers

10.2 There's no longer a prohibition against goalkeepers using parts of their body other than their kickers and leg guards to propel the ball long distances

Rule 13 – Procedures for taking penalties

13.1b A free hit to the defence awarded in the circle may be taken anywhere in the circle

13.2f At an attacking free hit awarded within 5 metres of the circle, the ball cannot be played into the circle until it has travelled at least 5 metres or it has been touched by a defending player.

- If the free hit is taken immediately the defenders who are inside the circle within 5 metres of the free hit may shadow around the inside of the circle a player who takes a self-pass, provided that they do not play or attempt to play the ball or influence play until it has either travelled at least 5 metres or alternatively been touched by a defending player who can legitimately play the ball.
- If the attacker chooses not to take the free hit immediately, all other players must be at least 5 metres from the ball before the free hit is taken.

Clarification: attacker free hit within 5m of the circle.

- Defenders must be 5m away if they have the time to back up
- If the FH is taken immediately, then defenders who are within 5m can shadow just inside the circle without interfering with play

Remind players by saying "5m please"

13.3a time and play is stopped after a penalty corner is awarded and re-started when the teams are ready.

We will NOT be implementing this rule in our league. We do not stop the clock for any situations.

13.3g If the team defending a penalty corner has chosen to play only with field players, none of the defenders has goalkeeping privileges.

Clarification: Team playing without a goalkeeper.

- Nobody has goalkeeping privileges so no use of any part of the body is permitted
- Watch for defenders funning in the path of the ball at PCs
- Player defending a PS may use a facemask and can only use his stick to play the ball

In our league we will permit use of a helmet

13.7e if the player defending the stroke is otherwise taking part in the game as a field player, they may wear only a face mask as protective equipment. If the team defending a penalty stroke has chosen to play only with field players and not to use a substitute goalkeeper to defend the penalty stroke, the defender may only use their stick to make a save.

13.5 - The penalty corner is completed when:

- a. a goal is scored
- b. a free hit is awarded to the defending team
- c. the ball travels more than 5 metres outside the circle
- d. the ball is played over the back-line and a penalty corner is not awarded
- e. a defender commits an offence which does not result in another penalty corner

- f. a penalty stroke is awarded
- g. a bully is awarded.

Note that even if the ball goes out of the circle a second time, that does NOT mean the penalty corner is over.

13.6e - Early break by attackers during a PC. The injector is sent to the centre-line

Other useful questions / clarifications

Clarification 1: A suspended player whose suspension time expires during a penalty corner can come on the field once their time has expired. They do not have to wait beyond the suspension time to return to play.

Question 1: What time frame is acceptable for setting up a penalty corner now that the time is stopped for the setup?

Answer: The average penalty corner takes 30-45 seconds to set up properly prior to stopping the clock. Thus, this timeframe is quite acceptable. The penalty corner setup should not be rushed by the umpires nor delayed by the teams just because the clock is stopped. Any undue delay will result in a misconduct penalty to the delaying player, not the captain.

Given the limited playing time in our league, I suggest that we limit the time to 30 seconds.

Clarification 2: use of face masks during a PC (Rule 4.2). A defender to wear their face mask for the duration of that penalty corner “including the immediate taking of a free hit awarded after a penalty corner when passing the ball to another player”

Clarification 3: Rule 12.4 now states that “if the ball hits a piece of defender’s equipment laying in the circle and that prevents a probable goal, we can give a penalty stroke”

Clarification 4: Rule 9.8 clarifies danger as danger towards an opponent NOT towards the player’s teammate. “A ball is also considered dangerous when it causes **legitimate** evasive action **by opponents**.”