



2018-2019

THE SCOOP

FIELD HOCKEY NOVA SCOTIA

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TO MAKE SUBMISSIONS OR
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WWW.FIELDHOCKEYNS.CA



Pictured above: 2018 Atlantic Cup Winners The A Team (Halifax Andrews Team)

Pool Scores:

Andrews 3-0 Panthers
 Beaverteers 4-0 Outaouais
 Dragons 3-2 Hericanes
 Andrews 1-0 Beaverteers
 Outaouais 3-1 Panthers
 Beaverteers 6-0 Hericanes
 Dragons 0-0 Panthers
 Outaouais 7-1 Hericanes
 Andrews 7-0 Dragons
 Andrews 4-0 Hericanes
 Outaouais 4-0 Dragons
 Beaverteers 1-0 Panthers
 Andrews 3-0 Outaouais
 Beaverteers 6-0 Dragons
 Panthers 1-1 Hericanes

Final:

Andrews 1-0 Privateers
 Andrews Goal: Shane Rajaraman
 Andrews Shut Out: Pardeep Koonar

The annual tournament was held at Dalhousie University Wickwire field. Six teams in total participated in the round robin tournament: A- Team (Halifax Andrews Team), Beaverteers, Dragons, Hericanes, Outaouais, and Panthers. The final was held between the top two teams after pool play.

After an exciting final the A Team defeated the Beaverteers 1-0 to win the 2018 Atlantic Cup. Shane Rajaraman scored and Pardeep Koonar earned the shutout.

ATLANTIC CUP 2018



Pictured above: Atlantic University Field Hockey League Champions, UPEI and League MVP, Sarah Handel

The Atlantic University Field Hockey League's championship tournament was hosted October 27th and 28th in Charlottetown, PEI by the University of Prince Edward Island. In the championship final UPEI defeated Dalhousie 2-0 to claim the AUFH Title while St. FX defeated SMU 2-0 in the bronze medal game.

SMU 0 vs 2 STFX

STFX Goals: Amanda Gormley, Julia Murray
STFX Shut Out: Emily Falconer

UPEI 2 vs 0 DAL

UPEI Goals: Alyssa Ferguson, Sarah Sear
UPEI Shut Out: Jacklyn MacKinnon

FINAL RANKINGS:

1. UPEI=University of Prince Edward Island
2. DAL=Dalhousie University
3. STFX = Saint Francis Xavier University
4. SMU=St. Mary's University
5. UNB= University of New Brunswick
6. MTA= Mount Allison University
7. ACA=Acadia University
8. UNB SJ = UNB Saint John

NEW RULES: FIELD HOCKEY NOVA SCOTIA

➔ Appeals



In both the indoor and outdoor leagues a rule was added allowing for the appeal of a reffing decision. The appeal can be made by the team captain.

This new rule helps deter complaints and make correct calls on crucial plays.

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➔ 9-a-side outdoor adaptation



This year, in order to adapt to summer schedules and allow for 4 teams, the league adopted a 9 a side rule for the outdoor league.

Teams must have a minimum of 8 players and the structure allows for the game to be played up to 11 v 11 depending on availability.

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➔ Outdoor Timing



Outdoor matches will consist of two 25 minute halves with a 2 minute half time.

13.3a time and play is stopped after a penalty corner is awarded and re-started when the teams are ready

We did not implement this rule in our league. We do not stop the clock for any situation.



MILK SPORT FAIR

This October, over 1,000 students from various schools in Halifax visited the Milk Sport Fair at the BMO Centre. Students got an opportunity to try various sports and were introduced to the basics of field hockey.

Field Hockey Nova Scotia volunteers started out by teaching some key rules and how to hold the “candy cane” stick as a few students named it. Groups then moved on to passing and a two person shooting drill.

The three day event introduced field hockey to many interested students, teachers, and chaperones.



Pictured above: Indoor Women's champions Saint Mary's University and Mixed League Champions, Halifax Beavers FHC (photobomb by Mario Demello)

Mixed league top
scorer: Ghassan
Hamam



Women's league top
scorers: Kali Gee
and Kelsey Stewart



INDOOR WINNERS AND TOP SCORERS

WHAT'S NEW

➔ New Teams



This year's outdoor season saw the creation of two new teams: the Sentinels and the Blazers.

The Dragons and the Privateers face off August 11th for the Outdoor Championship.

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➔ Social



After the conclusion of Sunday's games Field Hockey Nova Scotia members head to Henry House or The Red Stag for an after match drink and hangout.

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➔ Website and Logo



Stay tuned for an updated website and logo. The board is working on updating our look! If you have suggestions for the website, contact Allison at allisonsnow96@gmail.com



HAVE QUESTIONS OR IDEAS? GET IN TOUCH!

FIELDHOCKEYNS.CA/CONTACT-US

**WEBSITE AND THE SCOOP SUBMISSIONS:
ALLISONSNOW96@GMAIL.COM**



**NEW MEN'S
DEVELOPMENT
SPONOR: CITCO
(CANADA) INC.**

Citco (Canada) Inc. is a proud sponsor supporting Men's Development for Field Hockey Nova Scotia.

TRAVEL ✈️ TOURNAMENTS

See if you can spot some familiar faces! Field Hockey Nova Scotia members travelled to tournaments in Tampa, Columbus, and Chicago this past year.

Pictured Below: The Halifax Beavers Field Hockey Club won the championship at the annual Indoor tournament in Fredericton, New Brunswick.



C I C 2019



CANADIAN INDOOR CLASSIC

Nova Scotia sent a Men's and a Women's Team to the Canadian Indoor Classic Field Hockey Tournament in Waterloo, Ontario in February 2019. Also attending were two umpires from Nova Scotia, Hillary Tobin and Jamal Burgess with FIH Umpire Co-Ordinator Gus Soteriades. This is the largest Indoor Tournament in North America. There were 10 teams in both the Men's and Women's Competitions. The Nova Scotia Teams did well at the tournament finishing in the middle of the pack.



Clockwise from left: umpires Jamal Burgess and Hillary Tobin, Sam Prystupa, Ghassan Hamam, Nova Scotia Women's CIC team with coaches Drew Rajaraman, Sharon Rajaraman, and Sam Prystupa.



Masters Indoor World Cup

Sharon Rajaraman, Halifax, N.S., headed to Hong Kong to coach the Canadian Masters Women's team. Mal Rajaraman participated on the men's Over 50 team.

Field Hockey Canada sent two men's teams and one women's team to the 2019 Masters Indoor World Cup which took place February 14-17. The tournament was held under the joint banner of the IMHA & WMH at the Hong Kong Football Club facilities and featured teams from all over the world.

JUNIOR HIGH

The Jr High Field Hockey tournament was held at Armbrae Academy this year on May 11th, 2019.

We had three teams participating in the tournament. Armbrae Academy, Oxford Jr High, and Sacred Heart. All teams played each other once and with a tie in the standings, it was decided that Oxford and Armbrae would be co-winners of the tournament. All three teams played very well and we'd like to thank the coaches and volunteers who helped make the tournament possible.

Field Hockey Nova Scotia is trying to advance our Jr High involvement and we hope to have more teams able to participate in the coming years. We are also trying to get the Jr High Boys involved once again in this tournament. In order to do this, we are always looking for volunteers to help coaching within school programs. If you're interested in helping out, please contact us and learn more on how to get involved!



METRO HIGH TOURNAMENT

SUMMARY AND WINNERS: LOCKVIEW HIGH SCHOOL



Coach Sophie Leblanc pictured above with Metro High Tournament Winners, Lockview High School.

LOCKVIEW WINS IN A SHOOT OUT

The Metro High School Field Hockey Tournament 2019 was held at Citadel High School. Seven teams competed including: Lockview, Prince Andrew, JL Isley, Sir John A, Citadel, Sackville, and Sacred Heart. Lockview defeated Sackville 3-0 to move into the final, while Citadel defeated Prince Andrew in a shootout. The Championship Team was Lockview High School winning in a shootout after a tie 3-3 in regulation play against Citadel High School.



Pool A – 1. Lockview, 2. Prince Andrew, 3. JL Ilsley, 4. Sir John A

Prince Andrew 6 vs 2 JL Ilsley

Lockview 5 vs 1 Sir John A

Lockview 4 vs 1 Prince Andrew

JL Ilsley 2 vs 0 Sir John A

Prince Andrew 6 vs 0 Sir John A

Lockview 5 vs 2 JL Ilsley

Pool B – 1. Citadel, 2. Sackville, 3. Sacred Heart

Citadel 4 vs 2 Sacred Heart

Sackville 4 vs 2 Sacred Heart

Citadel 6 vs 1 Sackville

Consolation/ Round: 1. JL Ilsley, 2. Sacred Heart, 3. Sir John A

JL Ilsley 7 vs 0 Sir John A

Sacred Heart 2 vs 0 Sir John A

JL Ilsley 8 vs 5 Sacred Heart

Play-Off/ Round:

1st Pool A Lockview 3 vs 0 Sackville 2nd Pool B

Semi Final 1

1st Pool B Citadel 1 vs 1 Prince Andrew 2nd Pool A

Semi Final 2

Tie after Regulation Time/ Shoot-Out – Citadel 3 vs 1 Prince Andrew

Final:

Lockview 3 vs 3 Citadel

Tie after Regulation Time/ Shoot-Out – Lockview 2 vs 1 Citadel

Lockview Goals: Renae Boutilier, Camille Dubernard, Lily Soucy

Citadel Goals: Chloe Friars, Kylee Mansfield, Storme McNeil

Shoot Out Goals:

Lockview: Morgan MacKenzie, Camille Dubernard

Citadel: Jen McGuire

HIGH SCHOOL LEAGUE FINALS

SUMMARY AND WINNERS: CITADEL HIGH SCHOOL



Coaches Erin Ring and Sam Prystupa with winning team Citadel.

CITADEL WINS 5-3

Citadel High School defeated Prince Andrew High School 5-3 to take home this year's Metro Championship Banner for High School Indoor Girls Field Hockey. Scoring for Citadel was Jen McGuire 2, Storme McNeil 2 and Kylee Mansfield 1. Chloe Arnold scored all 3 goals for Prince Andrew. Prince Andrew reached the final with a 10-8 win over JL Ilsley and Citadel reached the final with a 4-3 win in over time against Lockview.

Major Award Winners:

League MVP: Chloe Arnold

League Rookie: Sophie Pomeroy

Nancy Tokaryk Scholarship Winner: Allison Withrow



League All-Stars:

Chloe Friars – Citadel
Michaela Hammond – Citadel
Kylee Mansfield – Citadel
Jen McGuire – Citadel
Drew Doyle – Dartmouth
Clara Goscoigne – Dartmouth
Nele Kleinbenne – Dartmouth
Katie Michelin – JL Ilsley
Arielle Mountain – JL Ilsley
Maddi Gass – Sackville
Allison Withrow – Sackville
Marieke Bartholl – Sacred Heart
Brynn Evans – Sir John A
Sophie Pomeroy - Armbrae
Haley Whitman – Armbrae
Lea Goll – Auburn
Emily Avery – Cole Harbour
Nele Bostroem – Cole Harbour
Sophia Kunigk – Halifax West
Renaé Boutilier – Lockview
Camille Dubermard – Lockview
Lily Soucy - Lockview
Chloe Arnold – Prince Andrew
Colby Arnold – Prince Andrew
Madison Manuel – Prince Andrew



NANCY TOKARYK MEMORIAL TRUST FUND WINNER

This year's winner is Allison Withrow from Sackville High School who will be attending Saint Mary's University in the fall.

The Nancy Tokaryk Memorial Trust Fund was established in 2008 by family and friends of Nancy Tokaryk, who lost her life in a tragic car accident in June, 2008. Nancy was active in several sports at the recreational and competitive level but notably in the sport of women's field hockey.

The Nancy Tokaryk Memorial Trust Fund was established to commemorate Nancy's contribution to the sport of women's field hockey, her personal leadership and student mentorship, and volunteer community service. Each year a scholarship valued at \$1000 is awarded from the trust fund.

This year the Nancy Tokaryk Golf Tournament had 16 Teams compete at Lost Creek June 21st, 2019. This not only raises money for the scholarship, but is a reunion of the field hockey community in Nova Scotia each year!



Women's Development

This program is geared towards transitioning from indoor to outdoor field hockey. Every Tuesday at 6:30 pm players start with a warm up and skills practice and then divide into teams to compete in league games. Coached by University Alumni, this all-women's league develops players' outdoor skills and knowledge and builds confidence through coaching and practice.

Sticks, balls, and goalie equipment are provided and also available for sale.



Newcomers and returning players are welcome!

If you're interested or have questions contact: fieldhockeyns@gmail.com